



Important Information

Our services, meetings, and events are suspended indefinitely.

Our church building may be (mostly) closed, but...

'God's eyes are open, and his ears are attentive to our prayers'

2 Chronicles 7.16

Daily Prayer is available online www.amington.church/dailyprayer

To receive it by email visit www.amington.church/dailyprayer-signup

Follow us on Facebook www.amington.church/facebook

Subscribe to our YouTube channel www.amington.church/youtube

This is where we will post videos – and hopefully stream services live

Sunday 5 April 2020 (Palm Sunday)

True and humble king,
hailed by the crowd as Messiah:
grant us the faith to know you and love you,
that we may be found beside you
on the way of the cross,
which is the path of glory.



Lent Reading – This Week

ONE WEEK LEFT!!

**James 1 & 2 Peter 1, 2 & 3 John
Jude Revelation**

If you keep up reading these passages each week,
you will read the whole New Testament by Easter

Noticeboard

Good News Alert!

Health Warning: THIS WILL MAKE YOU SMILE!

Last term Mark Waterstreet, curate at St Paul's Dosthill, helped Ben run our Alpha Course, so he could run it himself at Dosthill.

He sent Ben this email:

Last night saw us host our last Alpha session.

At the close of the session last night I prayed for the Holy Spirit to come upon each of us and two ladies, who weren't Christians accepted Jesus into their lives and asked to be Baptised in church straight away!

All the course members went into the church to support them as I baptised them, absolutely fantastic!

Praise the Lord!! Even in dark times, Jesus' light **will not** be put out.

Pastoral Care

As part of our commitment to caring for one another, everyone in our church family will be contacted 'officially' by someone once a week.

Our pastoral care team (Ray, Sue, Carol and Mandy) has taken a quarter of the church family each, and will contact everyone on their list once per week. Ben will call as well, when he is back at work.

We are also offering practical help with buying food and supplies – please speak to Janet Hine (or Ben) if you need this, or would like to volunteer to help with deliveries.

Holy Week & Easter

Keep your eye on our website for details of our Holy Week and Easter activities. If you receive this by post – you'll get a special delivery!

Churchyard Levelling

This has actually (partially) happened – builders and gardeners it turns out were excluded from the lockdown.

We still need the top soil, and to sow grass seed – but we are making progress.

Noticeboard

Exercise at Home

We have all been advised to reduce social contact, but the government recommends leaving the house to get some exercise – as long as you avoid contact with others.

However, if you are self-isolating or unable to leave because someone in your household has symptoms, there are still ways you can exercise.

If you are reasonably mobile, you might like to try these exercises:

www.amington.church/nhs-home-workout

If you are less mobile, you might find these exercises easier:

www.amington.church/nhs-sitting-exercises

Please make every effort to keep moving, and stay healthy, even if you are stuck

Opening Hours

Some local shops are settings aside special opening times for elderly and vulnerable people.

Sainsbury's will give priority to elderly customers, carers and disabled customers on Mon, Wed & Fri from 08:00-09:00.

Marks & Spencer will do the same on Mon & Thu for the first hour (also 08:00-09:00).

If you know of other shops doing this please let us know.

For Your Prayers

Please pray for:

- TCHA staff, who are now working alone – and all the tenants, for whom this is a particularly challenging and unsettling time
- Rough sleepers, and all those who are now even more isolated
- People to stop panic buying things they don't need, and instead to look how they might not be selfish and support others instead
- Medical staff and emergency workers, who are putting themselves in harm's way to keep the rest of us safe and well
- Political leaders, to make wise decisions

Hand-washing using soap and water... and the Lord's Prayer



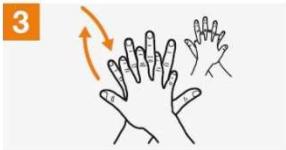
0 Our Father in heaven:



1 hallowed be your name,



2 your kingdom come,
your will be done,



3 on earth as in heaven.



4 Give us today
our daily bread,



5 and forgive us our sins,
as we forgive those who
sin against us.



6 Lead us not into
temptation,



7 but deliver us from evil.



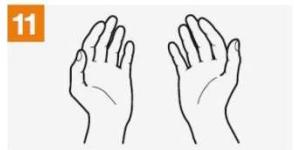
8 For the kingdom,
the power,



9 and the glory are yours,



10 now and forever.



11 Amen.

Always wash your hands.



World Health
Organization

Patient Safety
A World Alliance for Safer Health Care

SAVE LIVES
Clean Your Hands